

May 2023

Dear Parent/ Carer,

This week is National Vegetarian Week and the STM family will be celebrating this on Friday 19th May by offering plant-based meals in the canteen for our Students. As a Catholic school, we usually offer fish on this day but decided to take part to show our care for the planet and our common home. By doing this one small gesture and teaching Students about the health benefits and impact in relation to sustainability, we hope to provide them with enough information to understand the pros and cons of a varied and considered diet.

On this day, we ask you to support our school community in this meat-free day. However, should your child wish to bring their own packed lunch which does contain meat or fish, they are welcome to do so but please note that meat or fish will not be served in the canteen on this day.

Thank you in advance for your support.

Yours sincerely,

Christian Fitzgerald
High Peak Chaplain,
St Thomas More CVA



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NOTTINGHAM

St Thomas More Catholic Voluntary Academy
enquiries@stm.srscmat.co.uk Tel: 01298 23167
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Sherwin**
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