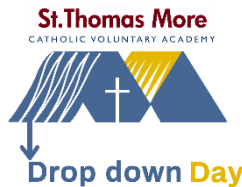


### RSHE Day Friday 30<sup>th</sup> June 2023



Dear Parent/Carer,

Please find enclosed details of the content of your child's final RSHE drop down day of the year on Friday 30<sup>th</sup> June 2023.

The RSHE focus for Year 7 will be on Stewardship.

Throughout the day Year 7 pupils will undertake sessions across the following areas:

- Science lesson on the Earth and Environment
- 'Living responsibly' - using resources from Ten:Ten, a leading educator in Relationship, Sex and Health Education specifically for Catholic secondary schools.
- Sport activities on how we can improve our self and wellbeing.

We want your child to be able to enjoy the day and learn new skills.

Pupils should have an outside coat and a water bottle.

In addition, pupils are encouraged to bring in an item of non-perishable food to support the High Peak food bank. The response towards the High Peak food bank last drop down day was overwhelming. Thank you once again for your support.

In exchange for bringing in items of non-perishable food, pupils are allowed to wear no school uniform. Pupils should be dressed appropriately; no crop tops or revealing clothes, no offensive logos or messages on clothing and dressed to take part in sports.

Should you have any questions about the RSHE Day please contact me at [jbennett@stm.srscmat.co.uk](mailto:jbennett@stm.srscmat.co.uk)

Yours faithfully,



Mrs J E Bennett

Assistant Headteacher

