

Dear Parent/Carer,

RSHE Day Wednesday 20th March 2024

Please find enclosed detailed content of your child's RSHE drop down day. This will take place on Wednesday 20th March 2024.

The RSHE focus for Year 7 will be on Careers.

Throughout the day Year 7 pupils will undertake sessions across the following areas:

- External Speaker: J Clark, Elevation X - Tower Tussell tower building activity. Pupils are introduced to the concept of buildings that adapt to their environment, before being challenged to build either an earthquake or hurricane resistant tower.
- Maths money matters - Stem related activities on how to save money, the use of cards, store cards and bank accounts
- Speakers: PCSO (police community support officer) and Police Youth Engagement Team – what their role involves and working with young people in the community
- Form activity on how we can improve our self and wellbeing

The times of the day will run as normal, however, there will be no timetabled lessons. Pupils must wear their school uniform.

Pupils are encouraged to bring in an item of non-perishable food to support the High Peak food bank, as part of our Lenten initiative towards local charity. The response towards the High Peak food bank last drop down day was overwhelming. Thank you once again for your support.

Should you have any questions about the RSHE Day please contact Mr Warhurst jwarhurst@stm.srscmat.co.uk



Mr J Warhurst
Lead Practitioner for RSHE and Careers



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NOTTINGHAM

St Thomas More Catholic Voluntary Academy
enquiries@stm.srscmat.co.uk Tel: 01298 23167
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Sherwin**
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