

Dear Parent/Carer,

RSHE Day Wednesday 20th March 2024

Please find enclosed detailed content of your child's RSHE drop down day. This will take place on Wednesday 20th March 2024.

The RSHE focus for Year 8 will be on Careers.

Throughout the day Year 8 pupils will undertake sessions across the following areas:

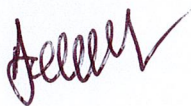
- External Speaker: Helen Walker, First Aid – pupils will be given the opportunity to have hands on experience of First Aid
- 'The Trouble with Max' - using resources from Ten:Ten, a leading educator in Relationship, Sex and Health Education specifically for Catholic secondary schools, exploring
- Speakers: PCSO (police community support officer) and Police Youth Engagement Team – what their role involves working with young people in the community
- External Speaker: Hazel Jones, NHS – exploring definition of health and social care, care values, the job roles in the sector and career routes.

The times of the day will run as normal, however, there will be no timetabled lessons. Pupils must wear their school uniform.

Pupils are encouraged to bring in an item of non-perishable food to support the High Peak food bank, as part of our Lenten initiative towards local charity. The response towards the High Peak food bank last drop down day was overwhelming. Thank you once again for your support.

Should you have any questions about the RSHE Day please contact Mr Warhurst jwarhurst@stm.srscmat.co.uk

Yours faithfully,



Mr J Warhurst

Lead Practitioner for RSHE and Careers

