



**St. Thomas More**  
CATHOLIC VOLUNTARY ACADEMY

St. Thomas More Catholic Voluntary Academy, Palace Fields, Buxton, Derbyshire, SK17 6AF Headteacher: Mr D Redfern

Friday 7th February

## Year 7 Personal Development/Character Curriculum Day - Tuesday, 11<sup>th</sup> March 2025

Dear Parent/Carer,

Please find enclosed content of your child's Personal Development/Character Curriculum Drop Down day. This will take place on Tuesday, 11<sup>th</sup> March.

The PD/CC focus for Year 7 will be on First Aid, RSHE and Well Being.

Throughout the day Year 7 pupils will undertake sessions across the following areas:

- First Aid
- Resources from Ten:Ten, a leading educator in Relationship, Sex and Health Education specifically for Catholic secondary schools. The programme of study is called 'Life to the Full'. More details can be found here: <https://www.stthomasmorebuxton.srscmat.co.uk/curriculum/relationships-and-sex-education/>
- Sporting activity

The times of the school day will run as normal, however, there will be no timetabled lessons.

We want your child to be able to enjoy the day and learn new skills.

In addition, pupils have been asked to bring in a chocolate item for the STM Chocolate Tombola, taking place in the next few weeks. All proceeds will go towards supporting our pupils volunteering at the Diocesan Lourdes pilgrimage.

In exchange for bringing in chocolate items, pupils are allowed to wear no school uniform. Pupils should be dressed appropriately, no crop tops etc.

Year 7 will need to bring into school their STM PE kit. Year 7 should also have an outside coat and a water bottle.

Thank you for your support.

Should you have any questions about the PD/CC Day, please contact me.

Yours faithfully,

Mrs J Bennett  
Assistant Headteacher



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**St Ralph  
Sherwin**  
Catholic Multi Academy Trust