

## Yr. 7 PE – Curriculum Map

Advent 1 Fundamentals in movement Team - All Year	Advent 2 Fundamentals in movement Individual	REVIEW OF LEARNING DIRT & Summative	Lent 1 Fundamentals in movement Individual / Team	Lent 2 Desire to improve & Intellectual challenge	Catholic Social Teaching	Pentecost 1 Fundamentals in movement Athletics	Pentecost 2 Fundamentals in movement Team - Summer Sports	Catholic Social Teaching and Careers
<p><b>Unit Intent</b> <b>Netball</b> Passing- Chest pass, Bounce pass and Shoulder pass Positions- GA, GK, GS, WA, WD, C Footwork Pivot</p> <p><b>Basketball</b> Passing- Chest pass, Bounce pass and Shoulder pass Creating space -</p> <p><b>Football</b> Demonstrate basic movement techniques ( e.g. dribbling) applied with some coordination and control to gain an advance over an opponent. Confidence, accuracy and consistent replication is evident in low pressure situations.</p> <p><b>Reading 3-2-1</b></p>	<p><b>Unit Intent</b> <b>Badminton</b>  Demonstrate basic movement patterns to meet the shuttle with some control. Limited footwork can restrict shot selection. Physical literacy is in its early stages and can result in core skills lacking control and fluency.</p> <p><b>Fitness</b> Observe and replicate basic fitness techniques in a few core activity areas. Will copy basic skills/fitness movements but will tire easily i.e. squat &amp; lunge. Has reasonable success across all fitness disciplines</p> <p><b>Reading 3-2-1</b></p>	<p><b>Disciplinary knowledge</b>  <b>Literacy skills with key concepts and their definitions. Describe skills and the importance of giving key facts and the impact of those facts.</b> <b>Explain skills –How to expand their descriptions by giving evidence and examples –WHAT, WHY and HOW</b> <b>Discussion skills</b> <b>Developing rounded and explained opinions with relevant evidence, Development of reflective skills by considering various viewpoints when refereeing or umpiring.</b></p> <p><b>Demonstrate skills in the physical.</b></p>	<p><b>Unit Intent</b> <b>Trampolining</b> Replication of core skills. Development of aesthetics, control and body management skills. Developing sequences/movem ent patterns Development of peer/ self- assessment</p> <p><b>Hockey</b> Movement with and without the ball. Execution of core skills (Dribbling, Passing, Shooting) Outwitting Opponents in a competitive game situation Developing Physical Literacy</p> <p><b>Reading 3-2-1</b></p>	<p><b>Unit Intent</b> <b>Basketball</b> Movement with the ball (Dribbling) Execution of core skills (Passing/receiving &amp; Shooting) Outwitting Opponents in a competitive game situation Developing an understanding of warmups and basic rules.</p> <p><b>OAA</b> Health and Safety of countryside exploring Map reading Introduction to problem solving Problem solving in pairs Leadership in group orienteeing Cardiovascular endurance in OAA</p> <p><b>Reading 3-2-1</b></p>	<p><b>Human Dignity</b> Provides young people with opportunities for face-to face encounters while they are engaging in an activity that stirs passions. In such a context, they must learn to exercise self- control and how to manage conflicts within the team</p> <p><b>Participation (Enrichment)</b> All extra-curricular provision in school. Morning, lunch and after school. This allows for all pupils to be involved in a club All activities in the curriculum KS4/KS5 Sports Participation section</p> <p><b>Subsidiarity</b> Gamesmanship</p> <p><b>Creation &amp; Environment</b> Going out into the local areas for fitness</p>	<p><b>Unit Intent</b> <b>Athletics</b>  Basic replication of core skills for running, jumping and throwing</p> <p>Development of physical literacy (coordination &amp; body management skills)</p> <p>Developing personal bests and setting targets</p> <p>Developing an understanding of warmups &amp; athletic event rules/terminology</p> <p><b>Reading 3-2-1</b></p>	<p><b>Unit Intent</b> <b>Cricket &amp; Rounders</b>  Anticipation &amp; Coordination Skills (Physical Literacy Development)</p> <p>Execution of core skills (Grip/Stance, forward drive, bowling action and throwing &amp; catching)</p> <p>Outwitting Opponents in a competitive game situation</p> <p>Developing an understanding of warmups and basic rule</p> <p><b>Reading 3-2-1</b></p>	<p><b>Rights and Responsibilities</b> Fixtures and inter year competition Provides young people with opportunities for face-to face encounters while engaging in an activity that stirs passions. In such a context, They must learn to exercise self-control and how to manage conflicts within the team</p> <p><b>Careers</b> <a href="https://www.careerplilot.org.uk/job-sectors/subject/pe#link-1">https://www.careerplilot.org.uk/job-sectors/subject/pe#link-1</a></p> <p><b>Professional Sport</b> Pro-Sportsperson Agent Official</p> <p><b>British Values</b> Rule of Law A basis for rules within the sport</p>