Year 7 Residential Camp Information Pack





What.?- Multi Activity Residential Camp

Where.?- Gradbach Scout Camp in the Peak District

When.?- 7th 9th July 2025

Who.?- Yr 7 students

How.?- 2-night / 3-day Activity residential

- Your son/daughter will have the opportunity to experience a variety of outdoor Activities
- The students will experience 1/2 night in a tent and 1/2 night in a dormitory style accommodation in a bunkhouse
- Onsite Activities will include, Pioneering, Orienteering, Team Building Tasks and wide games
- Off site activities will Include Rock Climbing, Abseiling, Weaseling, Bouldering, Trekking and a variety of Watersports.
- All our Instructors have at least 10 years experience of working in the outdoors and hold all relevant NGB Qualifications





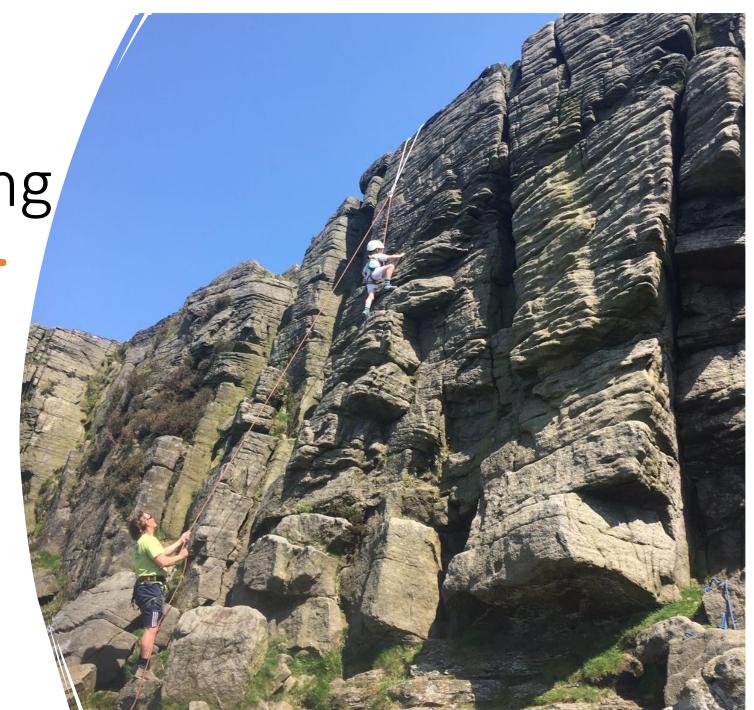
Rock On

- Your son/daughter will have the opportunity to Experience "Real Rock" Activities.
- These will Include:
- Rock Climbing
- Abseiling
- Weaseling
- Bouldering
- These activities will take place at the world Renowned "Roaches" in the Staffordshire Moorland.
- The area is a Gritstone playground for Rock based outdoor activities

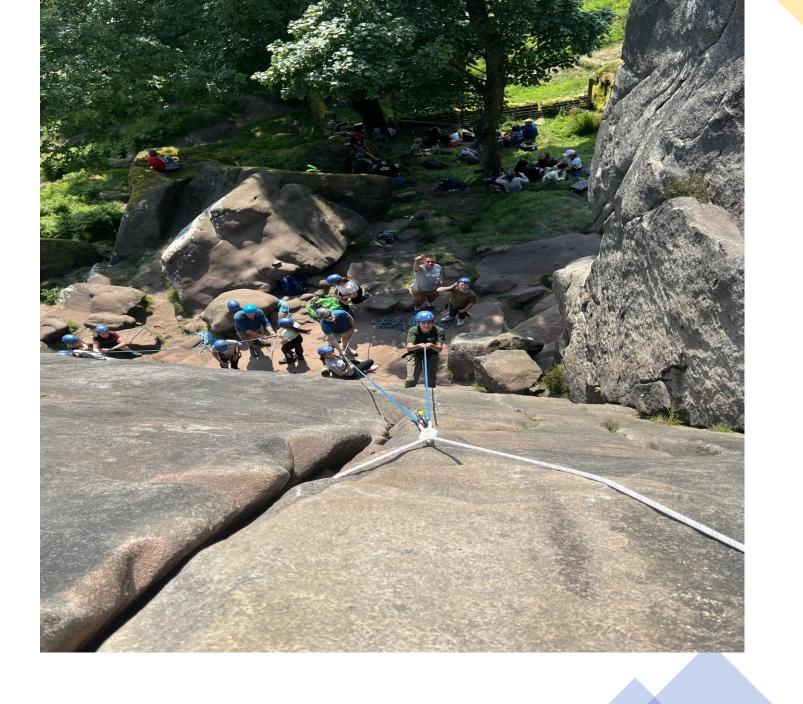


Rock Climbing

- All students will have an opportunity to experience Rock climbing on "Real Rock"
- They will also have chance to Belay (Hold the rope) the climber which works on teamwork and trust.
- Students will also learn the importance of safety equipment including harnesses, helmets, Gri-Gris and ropes
- They will also learn to overcome their fears......!







Abseiling

- The students will have the chance to abseil down a Flat faced chute (Chimney) on the Roaches Rock Face.
- The Abseil is 20m high in a stunning Location overlooking the Staffordshire Moorlands and Tittesworth Reservoir
- The students will control their descent using a figure of 8, and overcome fear and install a sense of achievement and well being
- Their will be a qualified climbing instructor facilitating the session and in control of the "safety Rope".





Weaseling and Bouldering

- The students will take part in a fun, dynamic activity amongst the Rocks and Boulders of the Roaches.
- Weaseling is a unique activity involving journeying through a maze of huge gritstone blocks.
- Is best described as above the ground caving and Parkour mixed together.
- Using the Natural environment as a natural playground. Weaseling takes part in the natural holes and tunnels formed over many thousands of years along the gritstone edges of the famous "Roaches"





Watersports

Your son/daughter will have the opportunity to Experience outdoor water activities in a natural scenic environment

Activity choices will be:

- Canoeing
- SUP
- Raft Building (Race)
- Students will participate in 2 water-based activities.
- These will take place on the beautiful "Tittesworth" Reservoir.









Canoeing

- Canoeing is a watersport where the students will use a single sided paddle.
- Students will work together with a partner to learn how to maneuver the canoe around the reservoir
- They will have to work on communication, coordination and be understanding and aware of their partners actions
- They will get chance to take their canoes on a journey across the Reservoir and play and participate in fun team games



Raft building

Raft building is where the students will design, construct and build a raft to race on the reservoir.

- They will be given Barrels, Spa's and lashings to construct a raft as a team.
- They will work on teamwork, communication, listening and sharing ideas to formulate a water worthy raft to race against the opposite team.
- Learn knots, designs and the importance of having a plan of action
- Then they will have chance to test their raft out and compete in a race against the opposing team.



Trekking

Students will have chance to trek in the stunning and beautiful Staffordshire Moorland countryside

- Students will have chance to either walk to or back from the Climbing activities are at Gradbach
- The trek will take them along the scenic "Roaches Edge" and into the Black forest.
- They will also have chance to visit the ancient and famous "Luds Church"
- Students will also learn the countryside code and some basic navigation while with their qualified instructor.



On site Activities

The students will Participate in Onsite activities at Gradbach Camp which will include:

- Team Building Tasks
- Pioneering
- Orienteering
- Bushcraft
- Mini Olympics
- The students will get chance to work as a team on a variety of activities within the Gradbach camp.
- Students will work on teamwork, communication, leadership, sharing ideas all while having fun
- They will learn new skills in an outdoor environment that can de transferable back at school and in their home settings.







Wide Games

The students will also participate on wide games in the evenings

- These are fun interactive games that the students will play in the evenings which will include:
- Towerball
- Volleyball
- Tug of War
- Football
- This is a time in the day for students to unwind and have fun in a more collective (big group) environment,



Bushcraft

The students will learn some basic Bushcraft skills:

- Build a fire
- Start a fire with a flint, cotton and Kindling
- Boil water over an open fire a make a Hot chocolate
- Learn some whittling skills
- Learn to put up a hammock and Basher



Accommodation

Students will spend 2 nights at Gradbach Campsite in the Staffordshire moorlands

- Students will spend 1 night under canvass in a tent with their friends. They will be 3 person tents.
- Students will need to bring a sleeping bag
- There will also be an opportunity to spend a night in the farmhouse which offers "Alpine Buk bed " style bedrooms. So, some bedrooms will sleep different number of students





Food

Students will spend 2 nights/3 days at Gradbach Campsite in the Staffordshire moorlands

- Students will be given 2 hot Dinners, 2 packed lunches and 2 Breakfasts while on their Residential
- The food will be wholesome, plentiful and accommodate for varied dietary requirements (please let school know of any dietary requirements, allergies at least 1 month prior to residential)
- Please bring a packed lunch for their 1st day on the residential
- Their will be access to an onsite tuck-shop in the evenings but please feel free to bring personal snacks to supplement meals.



Transport

Students will travel to Gradbach by by coach organized by the school.

- Students will be transported by 23-seater coach to activities when needed. These are operated by private coach company. (Golden Green Travel)
- Sometimes students will walk to or from activities with a qualified instructor
- The school will have a trust minibus onsite all week to use when needed.



Equipment

Follow kit list and the advice given

Label everything

Mobile phones – are permitted but at limited times of the day and certainly not during the activities. The purpose of this trip is to enjoy the outdoors and to learn communication skills faceface. If mobile phones are bought along, they are the responsibility of the student and we will not accept liability for loss or damage.

Do bring cards / travel games / books etc. for relaxing in the evening

Spending Money – approx. £10 (tuck-shop and extra snacks etc.)

Sleeping bag and pillow (optional)

Bring extra additional snacks, food items from home if needed (MUST NOT CONTAIN NUTS)

Students must pack their own bags

Clothing

Old clothes are ok as students will get dirty
Waterproofs-Top and bottoms- It can still rain in July
Swimming costumes/swim shorts/ T-shirts with Old trainers or sandals for watersports.
Towel and wash kit/Headtorch / Rucksack or sports bag/Hold hall (to carry kit in) also a good strong day sack to take on day activities
3 changes of underwear
Sleeping bag
Spare old T-shirts/tracksuit bottoms and tops for 3 days

Footwear-Old boots/trainers for trekking and Rock activities

And spare pair for watersports- Closed toe: water shoes/crocs or spare old trainers

Additional information

- On Monday 7th July Teams 1-3 will go straight to watersports activities so can be wearing swimsuits and costumes underneath their clothing, ready to go straight on the water. In their daypack take change of clothes and shoes plus a towel
- Teams 4-6 will go to the camp for campcraft and teambuilding tasks



ANY QUESTIONS.??

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