

(A)UTHENTIC

(S)ACRED

(P)ASSIONATE

(I)NSPIRATIONAL

(R)ESILIENT

(E)MPATHETIC

Y9 Food Prep					
Term 1.1 Modules: Special diets	Term 1.2 Modules: Pastry	Review of learning DIRT & summative 1) Special diets 2) Practical assessment - Quiche	Term 2.1 Modules: International cuisines	Term 2.2 Modules: Eggs	Review of learning DIRT & summative 1) Festival project 2) Practical assessment – Millie’s cookies 3) End of year assessment
Unit intent: In their final year of KS3 pupils will learn about the special dietary requirements of certain groups of people, 1) Nutritional needs through life (T) 2) Sweet and sour pork (P) 3) Special dietary needs (T) 4) Pimp my fro-yo (P) 5) Hidden sugar and cottage pie demonstration (T) 6) Cottage pie (P)	Unit intent: Pastry becomes the focus for the second half of the first term in Y9. Pupils will learn about different types of pastries and will apply this learning to a range of dishes. 1) Gluten experiment (T) 2) Vegetable samosas (P) 3) Shortcrust pastry (T) 4) Quiche (P) 5) Pastry theory/ DIRT (T) 6) Puff pastry (P)	CST Catholic Social Teaching: Common Good, Rights and responsibilities, participation, stewardship of creation, subsidiarity, Human dignity Careers Head Chef Sous Chef Army Reserve Chef Food Allergy Researcher Reading 3-2-1	Unit intent: This term sees an exciting opportunity for Y9 pupils to research the culinary dishes unique to different countries, then cook a range of dishes in small groups and arrange a festival event with staff and students who taste and feedback on these dishes. 1) International cuisine (T) 2) Jambalaya (P) 3) Festival planning (T) 4) Festival cook (P) 5) Analysis/ evaluations (T) 6) Chilli enchiladas (P)	Unit intent: In their final half term of Y9, pupils learn how to dovetail and produce time plans in preparation for GCSE Food Prep and Nutrition. 1) Food waste (T) 2) Millies cookies (P) 3) Eggs in cooking (T) 4) Scotch eggs (P) 5) Time plan/ dovetailing (T) 6) Katsu curry (P) 7) Summary of learning	CST Catholic Social Teaching: Common Good, Rights and responsibilities, participation, stewardship of creation, subsidiarity, Human dignity Careers UN World Food Programme (Supply Chain Officer) UNICEF (Food Distribution) Reading 3-2-1