Alternative Menu Form

Supporting Food Allergies, Intolerances and Medical Diets

Committed to supporting children with food allergies, intolerances and specific medical dietary requirements.

Core Allergy Free Menu ***(Page 1 ONLY)*** – A Core Allergy Free Menu is a single, controlled pathway for children with a confirmed allergy or intolerance to one or more of 14 Regulated Allergens. The Core Allergy Free Menu is available to all schools and is managed in accordance with the company's Allergy Policy. **Please return completed Alternative Menu Form to the school directly**, who will notify the Catering Team.

Bespoke Menu – A Bespoke Menu may be required where the Core Menu or Core Allergy Free Menu cannot safely accommodate a child's dietary needs. This may be due to a confirmed food allergy or intolerance extending beyond the 14 Regulated Allergens, or due to a confirmed medical condition directly related to food. **Please return completed Alternative Menu Form along with supporting medical evidence** issued by an accredited healthcare professional. **The school will consult the company's Food & Nutrition Partner.**

Definitions:

Allergy - Inability to eat food(s) due to immune response (can be anaphylactic response).

Intolerance - Inability to eat/digest food(s) due to symptomatic reaction. **Does not** involve an immune response.

Medical Condition - Neither an allergy nor intolerance. A condition that requires dietary intervention for treatment.

Student Details	
School/ Academy Name	
Student's Name	
Student's Class	

Please complete all applicable section(s) in line with medical evidence.

Section 1

14 Regulated Allergens – indicate with ✓ the food(s) the child CANNOT consume

Peanut	Milk	Fish	Soybean	Mustard
Nuts	Eggs	Crustacean	Lupin	Sulphites
Sesame Seeds	Gluten	Molluscs	Celery	***Other** *(complete page 2)*

Parent/ Guardian Declaration – 14 Regulated Allergens		
Name	Signed	Date

Section 2 **Legumes and Pulses – indicate with ✓ the food(s) the child CANNOT consume**		
Beans	Peas/ Pea Protein	Lentils
Carob	Chickpeas/ Gram flour	Guar Gum

Section 3 ***Other – List food(s) the child CANNOT consume**

Section 4 **Lifestyle and/or Religious Requirement - please state**

Section 5 **IDDSI Texture Modified Diet – indicate with ✓**			
IDDSI 7EC	*IDDSI 6*	*IDDSI 5*	*IDDSI 4*

Section 6 **Does the child have an EpiPen – indicate with ✓**	
Yes	No

Parent/ Guardian Declaration – Bespoke Menu		
I confirm that the information provided on this Alternative Menu Form is correct, and supporting medical evidence issued by an accredited healthcare professional has been shared with the school.		
Name	Signed	Date

We take the security of child data seriously. Any information provided will be stored securely and will only be shared with the staff needed to produce and serve an appropriate menu for your child. Any information provided will be destroyed/deleted once it is no longer needed in line with GDPR. Any queries on data privacy should be raised with the company Operations team at the school, or with the company Data Protection Officer - dpo@support-services.com

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Document Control

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